PTSD Treatment

Dealing with post-traumatic stress disorder (PTSD) is not easy. As the leading statewide service provider, we can help you manage these feelings. We understand how difficult it is to open up to others. We have a professional team of clinicians that are trained in trauma-informed care, and provide quality interventions for those struggling with PTSD. In-person sessions are offered at our physical locations and virtual services are available statewide.

Several techniques are used to help alleviate and overcome PTSD. Cognitive-behavioral therapy (CBT) is among the effective types of counseling used for PTSD treatment. Pinwheel's team is trained in multiple evidence-based practices to treat trauma. This includes EMDR, EFT, and mindfulness-based cognitive therapy, amongst others depending on specific therapists' specializations.

Details

Waiting List: Sometimes
Contact Email: info@pinwheelhealing.com

Services

Outpatient Behavioral Health Facilities

Locations

2907 San Mateo BLVD NE
Albuqueruqe, NM 87110

Phone: (505) 636-6100

Parent Organization

Pinwheel Healing Center LLC

We believe that mental health issues impact numerous personal and social matters and our mission is to set the standard for excellence in the treatment of mental health and addiction. We strive to promote optimal mental health through support, educational services, and advocacy, always with compassion and innovation.

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